Protect yourself from the seasonal flu



One of the most critical steps you can take in staying healthy is getting your flu shot. Each year thousands of people are hospitalized because of complications from the flu. That's why we encourage all our members to get their annual flu vaccination.

It's also important to remember that the flu and COVID-19 may present similar symptoms but are very different viruses. There is currently no vaccine for COVID-19. So, it's more important than ever to stay up to date with the available immunizations that keep you healthy, including your flu shot.

Seasonal flu shot coverage

Below is a list of where you can get a flu shot:

- POS health plan members can receive the flu shot at any eligible in-network provider
- PPO health plan members can receive the flu shot at any eligible in-network or out-of-network provider
- Participating MinuteClinics® at CVS pharmacies, RediClinics® at Rite Aid pharmacies, or other retail-based clinics in accordance with your standard benefits plan
- Vaccination clinics organized by local health departments and other private settings (e.g., place of employment)

What's new:

Influenza, pneumonia, and shingles vaccines are all covered at a $0 cost, bypassing any deductible under your prescription coverage when you present your member ID card at any participating pharmacy.

Seasonal flu reimbursement

Your plan includes coverage for flu immunizations. If you paid for your influenza vaccine, you may submit a *Seasonal Influenza Reimbursement Form* to request reimbursement up to $50. For a copy of the reimbursement form, visit ibx.com/flu.

For questions on immunization coverage, call Customer Service at the number on the back of your ID card.

Independence

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Independence Blue Cross offers products through its subsidiaries Independence Hospital Indemnity Plan, Keystone Health Plan East and QCC Insurance Company, and with Highmark Blue Shield — independent licensees of the Blue Cross and Blue Shield Association.

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