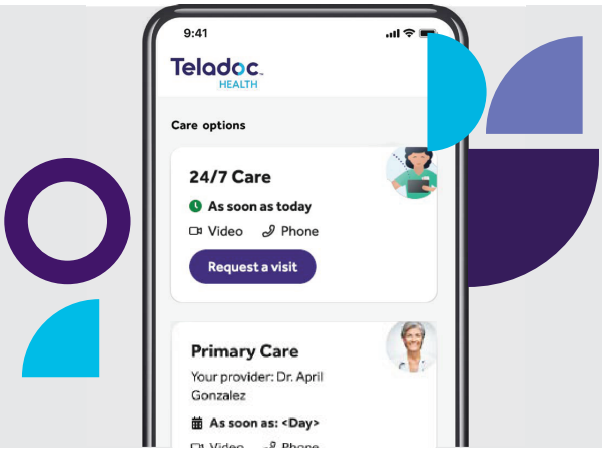
Teladoc HEALTH

Primary Care: What to know about this benefit



Did you know seeing a primary care provider for ongoing care can lead to better health results?

Teladoc Health Primary Care lets you have primary care appointments by phone or video on your schedule and from the comfort of your home. You get an annual checkup without having to pay anything and also gives you ongoing care. You can get prescriptions and lab orders, coordination of specialty care, and the support you may need so you can become your healthiest self. You can schedule an appointment within minutes, and see a provider as soon as the same day.

- **What services does Teladoc Health Primary Care provide?** With Teladoc Health Primary Care, you can stay on top of your physical and mental health and get to:
  - Easily choose your primary care provider for annual checkups and ongoing care
  - Quickly make appointments for Monday through Friday from 7 a.m. to 9 p.m. and for Saturday from 8 a.m. to Noon local time
  - Spend time talking with your provider who really gets to know you over time so you can receive the care you need
  - Have your provider place lab orders and prescriptions. If needed, additional in-person or online care can be arranged
  - Schedule ongoing care or get care right away with access to Teladoc Health 24/7 Care services for non-emergency needs
- **How do I activate my Teladoc Health Primary Care benefit?** You can either download the Teladoc Health app by scanning the QR code below, call 1-800-835-2362, or visit TeladocHealth.com/Primary360.
- **Who are the Teladoc Health Primary Care providers?** Teladoc Health primary care providers are U.S. board-certified and on average have been practicing medicine for 10-15 years. They have experience building relationships with patients in women's health, men's health, weight loss, diabetes and more. You will also have access to an experienced Care Team of registered nurses, medical assistants and Care Coordinators. They are with you every step of the way from coordinating care to helping you become your healthiest self.
- **How does Teladoc Health Primary Care handle bloodwork, imaging and labs?** Your primary care provider can order lab work, imaging studies and vaccinations. You can choose to visit an in-network lab/facility or request at-home lab services (if available in your area). Your Care Team will arrange either option for you. After testing or imaging is complete, your primary care provider will follow up to talk through the results.

Call 1-800-835-2362

Visit TeladocHealth.com/my-pcp | Download the app

Important information: For the most current pricing of your Teladoc Health services, please log-in to your TeladocHealth.com account.

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