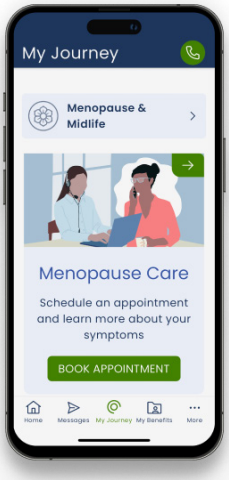
Now available to AmeriHealth Caritas employees

progyny | AmeriHealth Caritas

Move through Menopause with Progyny



In menopause, it's easy to feel like you don't know where to turn for answers you can trust.



Let's take care of *you*

You deserve relief and a specialized team by your side — Progyny helps you access expert menopause providers and coaches so you can develop a holistic plan that meets your unique needs.

Support starts today:

- Connect with your dedicated Patient Care Advocate for coaching
- Access virtual care from menopause specialist MDs/NPs
- Tap into exclusive content from top menopause MDs, in-app or online
- Explore hormonal and non-hormonal treatment options
- Learn lifestyle tips for sleep, nutrition, mental health, and more

Progyny is available to all AmeriHealth Caritas employees and their claimed spouse/domestic partner on an eligible IBX plan. There's no cost for dedicated coaching and the app. If you have provider visits or prescriptions, they'll be in-network with your medical insurance.

Give us a call 833.233.0381

Our Menopause PCAs are available M–F from 9:00 am – 9:00 pm ET to answer all of your questions, as often as you need them.

Get started:

Scan to call