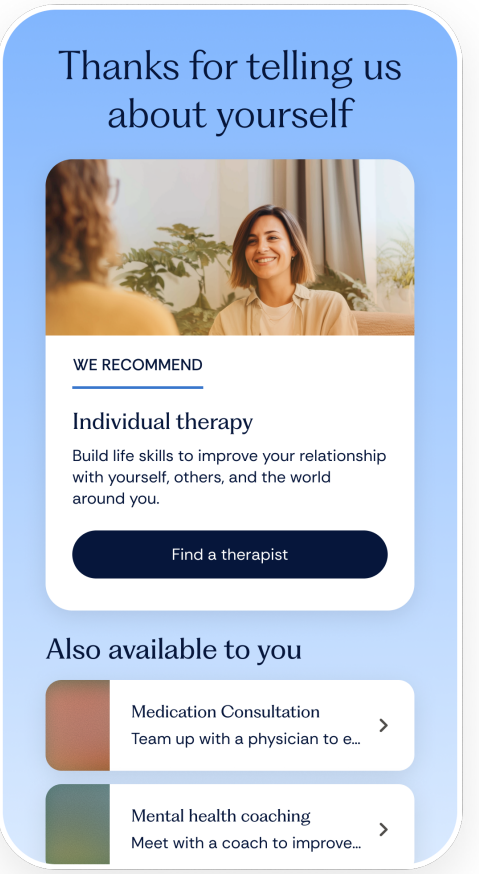
lyra

AmeriHealth Caritas

Care Option

Mental Health Medication Management

Lyra's Medication Management service is offered to eligible members on select health insurance plans. It provides easy access to specialized mental health physicians who practice evidence-based medication prescribing. Sessions are billed through eligible health plans and subject to in-network outpatient mental health cost-sharing, as defined under your health plan. To determine eligibility visit your employee benefits portal.



Proven treatment, *designed for you*

A personalized plan, built specifically for you

Start with a 90-minute video consultation to discuss needs, medical history, previous experiences and build a treatment plan based on your preferences and goals.

We're by your side the whole time

Private messaging with your physician about questions or concerns.

Side effect prevention with symptom monitoring

Ongoing symptom tracking to mitigate any side effects.

Ongoing treatment check-ins & easy prescription refills

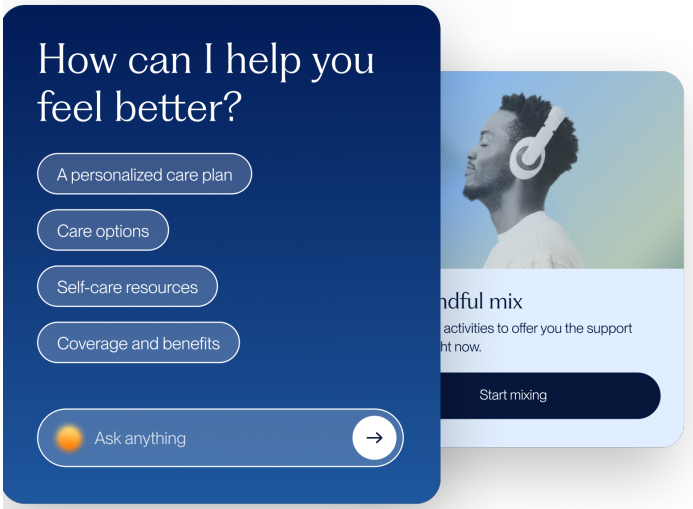
Easy access to follow-up appointments and prescription refills with the same physician.

Pair with Therapy to build long-term skills

Combine with therapy to build skills to understand and manage symptoms and taper off medications when possible.

"My provider slowed me down and really listened to actually help me realize the root of my problem. It was beyond impressive & extremely eye-opening."

– Lyra client



The right care for you

No matter what you are dealing with or where you are in your journey, Lyra's here to help. In as little as 5 minutes, we'll match you to care options based on your needs and lifestyle whether that's working with a mental health coach, therapist, or a physician.

Lyra's mental health physicians

Lyra's mental-health focused physicians are board certified, vetted by Lyra, and receive ongoing training in psychiatric medications. Providers have expertise treating addiction, experience supporting LGBTQ patients and caring for BIPOC communities, and specialize in behavioral medicine.

Members under the age of 18 and those who require controlled substances can access care through a Lyra network in-person prescriber.



Get started at amerihealthcaritas.lyrahealth.com
care@lyrahealth.com | (877) 251-8527

Lyra provides care for your emotional and mental health, how, when, and where you need it.
Whether you're feeling stressed, anxious, or depressed, support from Lyra's top physicians can help.