Resources and support for substance use disorders



Substance use disorders are chronic but treatable medical conditions. As a member, you have in-network options to receive effective care. Care is available in person and virtually.

Drug, alcohol, and tobacco misuse can affect families and individuals of all ages. Independence Blue Cross offers several tools and resources to help.

Get the help you need quickly

Substance Use Disorder Care Navigation Helpline

The Substance Use Disorder Care Navigation Helpline can connect you with a licensed clinician who understands your unique needs, will explain your care options, and can connect you to care within 48 hours. A Behavioral Health case manager will follow up to ensure members are on the right path to recovery.

Call the Substance Use Disorder Care Navigation Helpline at 1-800-688-1911.

Log in at **ibx.com** for more information about your behavioral health benefits, including substance use disorder care.

If you see a provider, cost-sharing (i.e., copay, coinsurance, or deductible) may apply based on your benefits.

Independence

Independence Blue Cross offers products through its subsidiaries Independence Assurance Company, Independence Hospital Indemnity Plan, Keystone Health Plan East, and QCC Insurance Company — independent licensees of the Blue Cross and Blue Shield Association.

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